

THE SULLIVAN FAMILY MOVING AHEAD PROGRAM



St. Francis House
Rebuilding Lives.

The St. Francis House Sullivan Family Moving Ahead Program (MAP) is a unique 14-week program that prepares adults to find and maintain employment.

To apply for the program, see the red box outlined below. If you have questions, call 617-542-1257.

WHAT IS THIS PROGRAM? WHAT DOES IT COVER?

- **Your** personal development: goals, self-esteem, personal boundaries
- Basic computer skills (typing, Internet, email, Microsoft Word)
- Resumes, Cover Letters, Interview Skills
- Business and workplace etiquette, professional boundaries
- How to overcome barriers to employment
- Professional **clothing and image consultations**

REQUIREMENTS

- *Must* be 18 or older
- *Experiencing, or at risk of* homelessness
- *Must* be sober for at least 30 days with verification required
- *Must* commit to a sober lifestyle
- *Be able* to read and write in English
- *Have* immediate intentions of finding employment
- *Must* commit to full MAP schedule
 - 9AM-3PM Mon, Tues & Thurs
 - 9AM-12PM Weds & Fri

HOW TO APPLY

1. *Must attend* an information session here at St. Francis House

AND

2. *Fill out* an application

INFORMATION SESSIONS: 4th Floor

- every Tuesday at 10:30AM
- every Thursday at 10:30AM

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“Before doing the Moving Ahead Program I thought I was damaged goods with no self-worth and no belief in a life without drugs. I never thought I could hold a position for more than a few weeks, with my addiction destroying any and all dreams of living clean. Life is so much better today for me because of MAP.”

- Sheila, Class 126

GRADUATE PROFILE



John started drinking at age 13, then escalated to hard drugs. *“I always said I would never stick a needle in my arm, but eventually did when I was 34. My life quickly spiraled out of control, and I was living on the streets in Lowell. Extremely desperate, I robbed a bank.”*

After serving his sentence, John joined the Moving Ahead Program while in his halfway house.

“MAP helped change my life and gave me a second chance. I have come a long way from living under that bridge and quite frankly would be dead if I hadn’t made the choices I did when I got released from prison and joined MAP.”

Once graduating the program, he started college at Salem State, and has now been a member of LABORERS Union for 9 years. John will celebrate a decade of sobriety in April 2015.

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